

OTTER TRAIL GUIDE

TIDES JAN 2026

DAY 1

HUT: Ngubu
DISTANCE: 4.8 km
TIME: 3.5 hours

NOTES:
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

DAY 2

HUT: Scott
DISTANCE: 7.9 km
TIME: 5.5 hours

NOTES:
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

DAY 3

HUT: Oakhurst
DISTANCE: 7.7 km
TIME: 5.5 hours

NOTES:
Keep costume and sandals close to hand for two river crossings.

DAY 4

HUT: Andre
DISTANCE: 13.8 km
TIME: 8 hours

NOTES:
Major river crossing at Bloukraans River*. See Profile Map below.

DAY 5

HUT: De Vasselot
DISTANCE: 8.8 km
TIME: 3 hours

NOTES:
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

Please note: This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0520	1943	0213	1430	0810	2051
2	0521	1943	0307	1524	0904	2138
3	0522	1943	0355	1613	0954	2221
4	0522	1943	0441	1658	1040	2301
5	0523	1943	0523	1739	1124	2338
6	0524	1944	0603	1817	1204	----
7	0524	1944	0641	1852	0012	1242
8	0525	1944	0718	1925	0044	1320
9	0526	1944	0755	1959	0116	1358
10	0527	1944	0836	2042	0151	1444
11	0528	1944	0927	2145	0233	1547
12	0529	1944	1041	2347	0337	1733
13	0529	1943	1213	----	0529	1908
14	0530	1943	0123	1322	0705	2000
15	0531	1943	0215	1412	0759	2040
16	0532	1942	0254	1454	0840	2113
17	0533	1942	0328	1531	0916	2144
18	0534	1942	0400	1605	0950	2214
19	0535	1942	0433	1638	1023	2244
20	0536	1941	0505	1711	1056	2313
21	0537	1941	0537	1743	1130	2342
22	0538	1940	0611	1816	1205	----
23	0539	1940	0645	1851	0012	1243
24	0540	1939	0723	1929	0045	1324
25	0541	1939	0807	2014	0122	1412
26	0543	1938	0901	2114	0207	1512
27	0544	1938	1017	2258	0310	1642
28	0545	1937	1205	----	0503	1853
29	0546	1936	0110	1332	0717	2004
30	0547	1935	0218	1434	0822	2054
31	0548	1934	0308	1525	0911	2135

THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. www.theotter.co.za

